

# SPACE

*People Deliver Projects is bringing experiential learning to the virtual world.*

## *The Learning Goals*


Mental wellbeing affects all of us every day, and yet how often are we asked about it? Our ability to be vulnerable and talk about it with another person is almost always somewhere on the path to better mental health, but this requires a listener with just the right intention, mindset and nuanced set of skills. At this event, we will go deeper into skills of:

- Connecting and creating a safe space for a wellbeing conversation to happen
- Holding the space so that the talker can express and explore what's going on for them; and
- Closing the conversation in a way that supports the talker to choose their way forward

## *The Experiential Format*

Replacing live theatre with **interactive video**, this facilitated workshop will use a **metaphoric team story** to provoke and carry the learning. Around the story episodes, there will be learning content and **audience interaction**: In breakouts, polls and experimentation, where we take the audience inside the bubble of the conversation. Without role-play, the audience can interact with the story, change the behaviour, and determine how the conversation will end. **No one will be bored, we promise.**

## *Introducing* **SPACE**




**SPACE** is a simple story of a team, who have to deliver at the same time as adjusting to a sexy new change initiative called SPACE. It could be any team, but in this agile and empowered world, they are also working in new fluid roles and more remotely from one another.

As pressure builds, they all respond in different ways. Lina says yes to everything and gets out of her depth. Freya resorts to the pace setting style of the manager she used to be. Tayo, the champion of the new initiative, pushes harder for change. And then there's Tom...

Tom is the rock of the team, the real doer, technical, loved by his customers. Expected to be strong, Tom loses his way, digging in deeper. when he could ask for help.

Only Lina notices Tom might be struggling, and finds herself having her first ever wellbeing conversation. Fortunately Lina has the audience to help her navigate the tricky path, helping Tom to feel safe, talk and process what's going on, and find a way forward that is right for him.



## About People Deliver Projects.

**People Deliver Projects** have worked with 120 organisations who they help to deliver projects and change. They focus on behaviour: Conversations which change relationships, which change outcomes. Their creative team is renowned for bringing learning to life, by replacing traditional training formats with powerful story-based experiences.



Jane Eames will be our facilitator.

Jane is a qualified executive coach, who specialises in conversations, and how they unlock personal change. She applies her learning to the special challenges of wellbeing conversations .

## Joining Information



This event will be managed on-line by Jess Taylor, Operations Manager.

Jess manages face-to-face events, and since 2020 she has led the transition of People Deliver Projects to the world of Zoom and Teams. As a result, she is now also Head of Digital Learning.

**people deliver projects**  
engagement ♦ enjoyment ♦ learning